COUNCIL MEMBER ROBERT E. CORNEGY, JR.



RESOURCE GUIDE



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THE COUNCIL OF THE CITY OF NEW YORK Robert E. Cornegy, Jr.

COUNCIL MEMBER, 36TH DISTRICT, BROOKLYN

CHAIR HOUSING AND BUILDINGS

CHAIR COMMISSION ON M/WBE

CHAIR DEMOCRATIC CONFERENCE

COMMITTEES ECONOMIC DEVELOPMENT EDUCATION FINANCE STATE AND FEDERAL LEGISLATION

May 2021

Dear Neighbor,

We all have a role to play in improving access to mental health services. Despite important advances in efforts to make mental health an integral part of our public health system—from the Affordable Care Act (ACA) moving to expand mental health coverage, to ThriveNYC offering important awareness raising and capacity building strides forward, to Vital Brooklyn's path-breaking investment of \$1.4 billion in Brooklyn's health care system—as community leaders, advocates, and as conscientious friends and neighbors, we can still do more. More to recognize the social isolation, trauma, and pain that inevitably follow from gaps in the system, more to break down barriers to needed services, and more to improve the wellbeing of our shared communities.

Aided by outreach to clinicians and community leaders, here I lay out additional steps that I believe can contribute to strengthening our mental health ecosystem. Timely care, quality care, culturally competent care—these are just a handful of important aims that we must continue to press our healthcare system to deliver. The experiences of the community I represent, Beford Stuyvesand and Northern Crown Heights, resonate well beyond the boundaries of my district. The insights community groups and clinicians share with me add value to the larger, city-wide policy discussion and will help guide us to more thoughtful provision and delivery of services across the board.

On December 8th, 2018, I hosted a Mental Health Advisory Board meeting in my District Office on the topic of depression. Various professionals from the mental health community came together to present the services they provide to the constituents of District 36 (e.g. Interfaith Hospital, the New York City Department of Health and Mental Hygiene, ThriveNYC), and other representatives, Friendship

Benches, came to introduce novel approaches that have shown to be effective. In the audience were community partners and constituents, gathering in an effort to connect, find out more about services available, and share their experiences navigating the web of services.

As the event unfolded, a person in attendance shared her experience seeking help for a longstanding mental health condition and being received and treated in a way she described as undignifying, traumatic, and unnecessary. I am for this paper to be one step along the path toward ensuring that people seeking assistance will have a wholly different, more positive experience when they reach out for help to improve their mental health—an experience where people are treated with respect and dignity through the continuum of care and beyond. With that aim in mind, I seek to foreground approaches that facilitate access to care, optimize oversight and accountability of the people who are at the frontline, and improve police involvement and response.

We must continue to tap into the wealth of expertise offered in our communities. Clinicians, public health professionals, on-the-ground advocates, and community residents can all constructively contribute to this dialogue that takes us from policy to action. Together, I believe we can successfully overcome obstacles to deliver services, improve mental health outcomes and ensure our family, friends, and neighbors receive the care they need.

Yours in partnership,

Robert E. Cornegy, Jr. Council Member, District 36

PRIMARY CARE FACILITIES/PHYSICIANS - BEDFORD STUYVESANT

For Adults & Children

Fulton Medical Plaza, P.C.

1545 Atlantic Avenue, Suite 108 Brooklyn, NY 11213 718-622-2525 Monday through Friday 9AM–6PM

Pace Pediatric Practice, PC

1545 Atlantic Avenue Brooklyn, NY 11213

Bedford Stuyvesant Family Health Center*

1456 Fulton Street Brooklyn, NY 11216 718-636-4500 Monday, Thursday 8AM–8PM Tuesday, Wednesday 8AM–5PM; Sunday 10AM–3PM

Jackson Medical, PLLC Excelsior Medical IPA

20 Arlington Place, Brooklyn, NY 11216 718-636-1011 Languages: Bengali, Hindi, Urdu Monday, Tuesday, Wednesday, Friday 9AM-5PM; Thursday 9AM-3PM; Saturday 9AM-1PM

NYC Health + Hospitals Department of Health Chest Centers

485 Throop Avenue, Brooklyn, NY 11221 646-614-4900 Monday–Friday 8:30AM–3:00PM

Prominis Medical Services PC

297 Marcus Garvey Boulevard, Brooklyn, NY 11221 718-453-9377 Monday 9AM-6PM; Tuesday–Friday 9AM–5PM







PRIMARY CARE FACILITIES/PHYSICIANS - CROWN HEIGHTS

For Adults & Children

Crown Heights Health Center

1218 Prospect Place, Brooklyn, NY 11213 718-735-6031 or 718-495-7283 Monday–Friday 8AM–4PM

St. Marks Medical, P.C.

907 Saint Marks Avenue, Brooklyn, NY 11213 718-756-6200 Monday, Tuesday, Thursday 6AM–11AM

Syed Ahmad Physician, PC

1473 Sterling Place, Brooklyn, NY 11213 718-736-3939 Languages: Hindi, Spanish, Urdu; 16 and up Call for an appointment; Closed on Sundays

Help/PSI Services Corp. dba Brightpoint Health

803 Sterling Place, Brooklyn, NY 11216 855-681-8700 Monday–Friday 8:30AM–4:30PM

Prospect Hills Medical Care, PLLC

177 New York Avenue, Ste. 2G, Brooklyn, NY 11216 718-230-7483; Languages: Spanish Tuesday 12PM–5PM, Thursday 9AM–5PM, Saturday 9AM–1PM

URGENT CARE CENTERS

ModernMD Urgent Care 1248 Fulton Street, Brooklyn, NY 11216 646-604-8130 Monday–Friday 9AM–9PM, Saturday–Sunday 9AM–7PM





LOCAL HOSPITALS OFFERING PSYCHIATRIC CARE

Woodhull Hospital Medical and Mental Health Center 760 Broadway, 5th Floor, Brooklyn, NY 11206 Emergency Comprehensive Psychiatric CPEP Crisis Intervention

Interfaith Medical Center

1545 Atlantic Ave., Brooklyn, NY 11213 718-613-4330, 718-613-4195

MENTAL & BEHAVIORAL HEALTH PROVIDERS

Bedford Stuyvesant

Beverley Mack Harry Consulting, Inc.

738 Crown Street Brooklyn, NY 11213 (718)363-0100 Provider Types: Psychiatrists (MD), Licensed Clinical Social Workers (LCSW), Certified Alcohol, Drug or Addiction Counselors (CASAC) Contacts: Pierre-Louis, Marie MD, Harry, Beverley LCSW, Harry, Carleta, CASAC

Tauheed Center For Human Excellence, Inc.

1166 Bedford Avenue Brooklyn, NY 11216 347-663-3122, 917-577-2343; tauheedmakesense@gmail.com Contact: Crepsac, John LCSW

Brooklyn Community Recovery Center

20 New York Avenue, 3rd Floor, Brooklyn, NY 11216 888-671-9392; swillis@phoenixhouseny.org Contact: Director Shaun Willis, LMSW

Children of Promise, NYC

54 Macdonough Street Brooklyn, NY 11216 (718) 483-9290 x302 Outpatient Clinic Treatment CPNYC (Incarcerated families) Provider Types: Psychiatrists (MD), Licensed Clinical Social Workers (LCSW) Providers: Boudreaux, Tyson MD, John, Annie LCSW

Bedford Stuyvesant Family Health Center, Inc.

1456 Fulton Street Brooklyn, NY 11216 (718)636-4500 Provider Types: Psychiatrists (MD), Licensed Clinical Social Workers (LCSW), Contacts: Millin, Cynthia MD, Baker, Stanley MD, Anderson, Jacqueline LCSW, Jeffrey, Irwin LCSW









👍 Interfaith Medical Center

Woodhull

The Family Center (TFC)-Irene LeeKong Health and Wellness Institute at TFC

493 Nostrand Avenue 3rd And 4th Floors, Brooklyn, NY 11216 718-230-1379 Provider Types: Psychiatrists (MD), Licensed Clinical Social Workers (LCSW)

Family and Youth Counseling

Alfred Michael Martin (347) 380-8305 Psychologytoday.com Provider Types: Licensed School Counselor (LS)

Paul J Cooper Center for Human Services - Gates Ave

510 Gates Avenue Brooklyn, NY 11216; 718-498-5555 Provider Types: Psychiatrists (MD), Licensed Clinical Social Workers (LCSW), Certified Alcohol, Drug or Addiction Counselors (CASAC) Providers: Charles, Michel-Jose MD, Danner-Harrell, Melinda LCSW, Garrett, Phil CASAC

Brightpoint Health-Sterling Place

803 Sterling Place Brooklyn, NY 11216; 855-681-8700 Provider Types: Primary Care MDs, Psychiatrists (MD), Nurse Practitioners (NP), Psychologists (PsyD), (PhD), Licensed Clinical Social Workers (LCSW), Certified Alcohol, Drug or Addiction Counselors (CASAC)

Mustard Seed Survivor Empowerment Foundation Inc

1118 Bedford Avenue Brooklyn, NY 11216; 718-875-7425 Provider Types: Licensed Clinical Social Workers (LCSW) Contact: Ford, William LCSW

Interfaith Medical Center

1038 Broadway, Brooklyn, NY 11221; 718-613-7288 Provider Types: Psychiatrists (MD), Nurse Practitioners (NP), Psychologists (PsyD), (PhD), Licensed Clinical Social Workers (LCSW), Certified Alcohol, Drug or Addiction Counselors (CASAC)

Therapy For Black Girls-Amira Crawford Psychotherapy Service

646-755-9294 and 646-492-8569 Provider Types: Licensed Clinical Social Workers (LCSW) Contact: Amira Crawford

KIND Counseling, Inc.

Psychologytoday.com 718-421-4400 Provider Types: Licensed Clinical Social Workers (LCSW) Contact: Kami Roberts, LCSW











Fort Greene Therapy

Psychologytoday.com 347-706-4114 Provider Types: Psychologists (PsyD), (PhD), Licensed Clinical Social Workers (LCSW). Contact: Dr. Minette Russell-Irace

Crown Heights

Julie R Sooner, PhD Psychologytoday.com 347-334-7933 Provider Types: Psychologists (PsyD), (PhD)

TREATMENT PROVIDERS FOR MENTAL ILLNESS AND CHEMICAL ABUSE

Bedford Stuyvesant

Black Veterans for Social Justice, Inc.-Wazobia House 665 Willoughby Avenue, Brooklyn, NY 11206 (718) 852-6004 Contact: James Brooks kbrooks@bvsj.org

Institute for Community Living 44 Lewis Avenue, Brooklyn, NY 11206; 718-452-6714

Kingsboro Addiction Treatment Center Inpatient Rehabilitation Kingsboro ATC MSW Crisis Med Sup Withdrawal – Inpatient 754 Lexington Avenue, Brooklyn, NY 11221 866-221-4800 and 718-453-3200 x3474 Program Director: Ms. Vibeke Velez Vibeke.Velez@oasas.ny.gov

Providence House Inc

703 Lexington Avenue, Brooklyn, NY 11221 718-455-0197; 929-210-9355; info@providencehouse.org

Anchor House Women's Facility 976 Park Pl Brooklyn, NY 11213; 718-756-8673 x101 Contact: Ms. Kenyetta Martin kenyettamartin@anchorhouseinc.com

NYC Health + Hospitals/Woodhull Comunilife Residence

179 Throop Avenue, Brooklyn, NY 11206; 718-617-1978 Contact: Rosa M. Gil, DSW Founder, Rosa Cifre, LCSW Chief Program Officer





PROVIDENCE HOUSE



Crown Heights

Institute For Community Living 839 St Marks Avenue, Brooklyn, NY 11213; 718-778-2117

Institute For Community Living 487 St Marks Avenue, Brooklyn, NY 11238; 718-857-1769

St. Joseph's Medical Center-<u>St Elizabeth Ann Seton Treatment Center</u>/ St. Joseph's Hospital, Yonkers OTP Opioid Outpatient Treatment 1480 Prospect Pl Brooklyn, NY 11213; 718-953-2302 Contact: Mrs. Rose Scotman MSW <u>rscotman@svwsjmc.org</u>

St. Joseph's Medical Center-Bishop Sullivan

1534 Prospect Place Brooklyn, NY 11213 718-804-2382

Anchor House Inc.—Men's Residential

1041-1047 Bergen St Brooklyn, NY 11216 718-771-0760 x113 x122 Contact: Mr. Vincent Marchese <u>vmarchese@anchorhouseinc.com</u>

Concern for Independent Living – Brooklyn

151-167 Rochester Avenue Brooklyn, NY 11213; 347-296-448



<u>Center</u> 20 New York Avenue, 3rd Floor Brooklyn, NY 11216 888-671-9392 A peer-driven drug and alcohol addiction recovery support center.

Brooklyn Hospital Center Dependency Treatment Program 121 DeKalb Avenue Brooklyn, NY 11201 718-250-8900

Kings County Hospital Polydrug Clinic

Phoenix House

410 Winthrop St., Building R Brooklyn, NY 11203; 718-245-2670 Treatment facility in Brooklyn which specializes in substance abuse services. They provide outpatient options.

Kings County Hospital: Young Adult MICA Day Treatment

604 Winthrop Street, F Building, 5th Floor Brooklyn, NY 11203 718-245-2661 This program is a day treatment/counseling program for ages 17+.

<u>New Directions</u> 500 Atlantic Avenue Brooklyn, NY 11217 718-398-0800 newdirectionsbrooklyn.com. The program, consisting of individual, group, and family treatment.











North Crown Heights Family Outreach Center 705-707 Franklin Avenue Brooklyn, New York 11238 718-230-8600 Outpatient Treatment facility



START 22

Chapel Street Brooklyn, NY 11201 718-260-2900 startny.org Offers outpatient services and programs.

- Alcohol Abuse Help for Abusers and Families Adult Children of Alcoholics adultchildren.org NCAAD Hotline 800-622-2255
- Alcoholics Anonymous (Intergroup) 212-647-1680
- Alcoholics Anonymous (Intergroup Brooklyn) 718-851-3039
- Al-Anon (For Families and Abusers) 212-941-0094
- Al-Anon (For Families of Abusers) 800-939-2770 ALATEEN and ALA-Preteen (For teens 9-19) 212-941-0094
- Drug Abuse Help for Abusers and Families Co-Anon Family Groups (For Families of Cocaine Users) 480-442-3869
- Cocaine Anonymous 212-262-2463 New York Addiction Helpline 800-522-5353
- Families Anonymous 800-736-9805
- Marijuana Addicts Anonymous 800-766-6779
- Nar-Anon Family Groups (For Families of Narcotics Users) 800-477-6291 Narcotics Anonymous 212-929-6262
- Pills Anonymous 212-874-0700
- Want to stop smoking?
- Coney Island Hospital Smoking Cessation Program: 718-616-5039
- Downstate Medical Center Tobacco Education Program: 718-270-8846
- Kings County Smoking Cessation Program: 718-245-2782

<u>Call NYC Well Today</u>

1-888-NYC-WELL (1-888-692-9355)

